Response of Two Libyan Soft Date Cultivars to Induced Ripening Under Controlled Atmosphere Conditions

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ABSTRACT

Induced ripening under controlled atmosphere (CA) conditions was investigated using two Libyan soft date cultivars, "Bronsi" and "Taboni". An experimental setup consisted of an airtight 15L plastic bottle was used, fruits were filled in the setup at 0.6kg.L-1 bulk density. The setup was also equipped with valves; facilitating real time monitoring and measurement of oxygen (O₂), carbon dioxide (CO₂) and ethylene (C₂H₄), in addition to temperature and relative humidity inside the enclosure and throughout the treatments. The ripening process was carried out in two stages; an airtight CA and regular air (RA). In the first stage, fruit ripening was initiated while in the second stage full conversion to Rutab stage and coloring took place. Accumulated CO₂ produced was fairly linear for both cultivars, whereas accumulated C₂H₄ was linear for "Bronsi" and exhibited polynomial trend for "Taboni" cultivar. However, respiration and C2H4 production rates did not follow specific trends, instead; they exhibited peaks that were very much related to fruit ripening. Time-wise, the first ripening stage lasted 22 hours for both cultivars, but the second stage lasted 23 hours for "Bronsi" and 45 hours for "Taboni", while ripening percentages for both cultivars exceeded 90% (w/w). Quality attributes such as color (L, Hue angle and Chroma) and sensory attributes (sweetness, taste and acceptance) for CA induced ripened dates were compared with naturally ripe ones. Results showed no significant differences in color and sensory attributes at (p<0.05). The study demonstrated the potential of using the method for date ripening. Further investigation using other cultivars and improving the current methodology are highly recommended.

KEYWORDS: Induced ripening, Controlled atmosphere, soft dates, ethylene, CO₂, O₂

1. INTRODUCTION

Date palm (Phoenix dactyliferaL.) is perhaps the most important tree in countries located in dry and semidry regions, mainly North Africa and Middle East. In 2014, the world date production exceeded 7.6 million metric tons; nearly 89% was produced in the two regions (Al-Yahyai and Manickavasagan, 2012; FAO,2018). Libya attains the tenth place among the world top date producers (Kader and Awad, 2009); in 2014, its production exceeded 172 thousand metric tons (FAO, 2018). Moreover, it has a unique climate, varying from warm Mediterranean to deep dry Sahara proper, offering suitable conditions for growing the three date variety groups. Soft cultivars are cultivated in the coastal region, semidry are in the middle, while dry dates are grown in Sahara oases far south (Fennir et al., 2014). Nearly 400 cultivars exist, yet around 95 are considered commercially important Racchi et al., 2014)

Date production in Libya is subjected to severe losses due to poor postharvest and handling practices, in addition to virtual absence of appropriate postharvest technologies and infrastructures. In fact, substantial losses occur during harvesting, especially in the coastal region, where harvesting ripe dates is generally made in several pickings. Between pickings, fruits are subjected to falling, rotting, souring, in addition to losses caused by insects, birds

and other means. Additionally, substantial losses are linked to diseases and physical damage, due to improper packaging and drudgery handling. In southern regions however, insect infestation and sever dryness are the main cause of losses.

From physiological point of view, dates are climacteric fruits, their respiration and ethylene production rates rapidly increase right before ripening (Marondedze et al., 2014; Abbas and Ibrahim, 1996). Thus, similar to other climacterics, they may have the tendency to ripe after being detached from their mother tree. However, dates have uneven ripening behaviour even within the same bunch, making artificial ripening quite challenging. Nonetheless, ripening is a complex biochemical and genetically programmed process by which major changes in fruit color, texture, flavour and aroma take place (Alexanderand and Grierson, 2002). Ripening itself is a physiological process that makes fruits soft, sweet, attractive and nutritious (Gupta, 2017). Artificial ripening is a treatment of stimulating ripening for most climacteric fruits; it is in fact a common practice in tomatoes and bananas ripening. The process was first discovered by Dmitri Nelyubov in 1901, a Russian botanist who linked ripening to ethylene (Gupta, 2017). The process became widely used; however, health concerns related to artificial ripening have been reported (Siddiqui and Dhua, 2010).

For dates in particular, artificial ripening (induced ripening) of all means may have advantages of reducing losses, securing clean and healthy dates, particularly fresh consumed, in addition to avoiding losses due to rainfall and weather related effects (Abul-Soad, 2010). In fact, the first use of chemical treatment for date ripening by CO2 was reported in 1913 in Arizona, USA (McCarthy, 2012). Incubation was also tested earlier than that on Deglet Noor dates in the same state (Rygg, 1975). However, quite limited studies have been carried out using CO₂, but chemical treatments using other agents are common, yet they are criticised for rendering quality and shortening shelf life, in addition to some health concerns. Nonetheless, sodium chloride (NaCl) and acetic acid (CH₃COOH) treatments are commonly used in date ripening (Markhand et al., 2014; Farahnaky et al., 2009; Jahromi, 2015). Moreover, physical treatments such as hot water dipping have been investigated (Shamim et al., 2013). In Libya however, research on date ripening is very scarce, apart from that, using vinegar for ripening is quite common in the coastal region, especially for the purpose of early marketing. However, it is criticized for distressing quality and shelf life.

This study aimed at investigating conditions for inducing ripening of two soft date cultivars by applying controlled atmosphere at high CO_2 and self-produced ethylene (C_2H_4). Two important soft date cultivars were targeted in the current investigation, "Bronsi" and "Taboni".

2. MATERIALS AND METHODS

2.1. Dates

Samples of the two studied cultivars, "Taboni" and "Bronsi" were collected from an orchard located in the suburb of Tripoli. Bunches were cut out in the morning and transported to the Postharvest Laboratory at the Department of Agricultural Engineering, Faculty of Agriculture, University. Fruits whereupon detached from strands, sorted, ripe and undesirable units were removed. Selected fruits were washed with fresh water, and surface dried. True density was also determined; fruits were weighed and placed in graduates cylinder filled with water up to known level. Displaced water represented fruit volume and density was calculated using three replicates. Bulk density was also determined from fruit weight entirely fill the enclosure divided by its volume. Both densities were used for calculating respiration and ethylene rates.

2.2. Enclosure setup

Ripening setup was consisted of a 15 liter plastic bottle equipped with an airtight lid. The bottle is transparent, enabled sample observation throughout the treatment. On the lid, a tire brass valve was installed and used as an airlock whenever pressure buildup was observed. It was connected to a female brass fitting in which a plastic pipe was tightened from one end and from the other submerged in a vessel full of water. The airlock enabled release of extra gases and maintained near atmospheric pressure inside the enclosure, in addition to facilitating air sampling and analysis. On bottle sides, three other brass valves were installed, enabling measuring C₂H₄, O₂ and CO₂ inside the enclosure. The setup is an improved version of the one used in previous study, detailed description of the setup can be found in (Fennir *et al.*, 2014).

2.3. Monitoring the ripening process

The enclosure was kept tightly closed until most of O2 was consumed, replaced by CO2 and pressure built up was observed, whenever that happened, the airlock was installed, ensuring pressure release and enabling the use of CO₂-O₂ and C₂H₄ analyzers. The process was ended when most fruits inside the enclosure changed color from Balah to Rutab. For "Bronsi" cultivar, fruits changed color from red to dark red near black, while for "Taboni" cultivars fruits changed color from yellow to orange near brown. Fruits then were removed from the enclosure and displayed on flat surface in an air conditioned room in which temperature and relative humidity were measured. Time of the airtight aerated treatments was recorded and percentages of the ripe fruits were determined on mass basis.

2.4. Air composition measurement

Air constituent of O_2 and CO_2 were measured using portable gas analyzer (Model CANAL120 O_2 & CO_2 Gas Analyzer, EMCO Packaging Systems Ltd, Kent, CT14 0BD UK). The analyzer draws small volume air sample, analyses it, and displays O_2 and CO_2 percentage on an LCD screen. Sample analysis was periodically carried out throughout the ripening treatment of each cultivar.

2.5. Ethylene measurement

C₂H₄ content inside enclosures was measured using ethylene analyzer (Model CI 900 Portable Ethylene Analyzer- CID Bio Science, Camas, WA 98607, USA). The instrument draws air at low flow rate, measures its C₂H₄ content as part per million (ppm), in addition to measuring relative humidity and temperature, all were displayed on LCD screen and saved as comma separated values (csv) on an SD card at selectable time interval. The instrument detects C₂H₄ between 0.04 to 200ppm, measurements were carried out by the connecting inlet port to one of the valves installed on the enclosure, while the outlet port was connect to another valve, avoiding suction effect of the instrument on fruits.

2.6. Temperature and relative humidity measurements

Temperature and relative humidity were measured inside the enclosures using IButton temperature and relative humidity logger (Model, DS1923, Maxim Integrated, San Jose, CA 95134 USA). The sensor was configured at 30 minute interval; the IButton is equipped with internal memory in which data was saved as comma separated values (cvs). At the end of the ripening treatment, data was downloaded on a computer as used for analyses using Microsoft Excel 10 (Mittra *et al.*, 2013).

2.7. Color measurement

Ripe fruit surface color was measured right after the ripening treatment was ended using handheld Tristimulus reflectance colorimeter (Minolta CR 400, Minolta Corp., New Jersey, USA). Color change was recorded using (Lab color spaces), with (L*) indicates lightness, (a*) for chromaticity from green (-) to red (+), while (b*) represents chromaticity from blue (-) to yellow (+) (Fennir *et al.*, 2017). All measurements were made in ten replicates.

2.8. Sensory evaluation

Qualitative descriptive sensory analysis (QDSA) was conducted using 10 untrained taste panel randomly selected from employees and stuff of the department of Agricultural Engineering, Faculty of Agriculture, Tripoli University. Samples of the induced ripening together with naturally ripen fruits were coded and introduced to each member of the panel. Panellists were asked to mark their assessment to sweetness, taste, and acceptance on a 100mm scale line, similar to procedures reported by (Oliveira *et al.*, 2011). During trials panellists were separated and fresh water was provided for rinsing between samples. Obtained data was analyzed using ANOVA procedure of Microsoft Excel 10.

2.9. Ethylene production rate and respiration rate calculations

Ethylene production rate (EPR) expressed as $(mg.kg^{-1}.h^{-1})$ and respiration rate (RR) as CO_2 produced (RR_{CO2}) and as O_2 consumed (RR_{O2}) were calculated using the following relations (Fennir *et al.*, 2014).

$$\begin{split} EPR &= \frac{(\Delta E \,)(V_e - V_{fr})}{m_{fr} \Delta T} \\ RR_{CO_2} &= \frac{(\Delta CO_2\%)(V_e - V_{fr})}{m_{fr} \Delta T} \\ RR_{O_2} &= \frac{(-\Delta O_2\%)(V_e - V_{fr})}{m_{fr} \Delta T} \end{split}$$

Where:

EPR= Ethylene production rate (mg.kg⁻¹.h⁻¹)

 $RR_{CO2} = Respiration rate as CO₂ produced (ml. kg⁻¹.h⁻¹)$

 $RR_{O2} = Respiration rate as O_2 consumed (ml. kg⁻¹.h⁻¹)$

 ΔE = Difference between two consecutive C_2H_4 measurements (ppm)

 ΔCO_2 , $\Delta O_2 = O_2$ and CO_2 difference between two consecutive measurements (%).

 $V_e = Enclosure volume (ml)$

 V_{fr} = fruit volume (ml)

 m_{fr} = mass of fruits filled inside the enclosure (kg)

 ΔT = time elapsed between two consecutive C_2H_4 , CO_2 , and O_2 measurements (h)

 $RR_{CO2} = Respiration rate as CO₂ produced (ml.kg⁻¹.h⁻¹)$

 $RR_{O2} = Respiration rate as O_2 consumed (ml.kg⁻¹.h⁻¹)$

3. Results and Discussion

3.1. Temperature and relative humidity

The ripening process was carried out in two stages, controlled atmosphere (CA) and at regular air (RA). The first treatment was ended when most the fruits changed color, while the second treatment was extended until partially ripen fruits completed their ripening and ripe fruits attained cultivar Rutab color. Figure 1 shows temperature and relative humidity of the CA and RA treatments for the two cultivars. **Temperature** means for "Bronsi" were (28.64°C±0.11) and (24.44 °C±0.44) for CA and RA, respectively, while relative humidity means were $(90\%\pm2.28)$ and $(68.6\%\pm1.9)$, respectively. On the other hand, temperature means for "Taboni" were (27.3°C±0.25) and (24.75°C±0.48) for CA and RA treatments, respectively, whereas relative humidity means were $(89\%\pm1.41)$ and $(65\%\pm3.48)$, for CA and RA treatments, respectively. Nonetheless, despite carrying out the two treatments at different times, mainly because the two cultivars normally do not ripe at the same time("Taboni" rips earlier), temperature and relative humidity conditions were quite similar. Practically, data on monitoring temperature and relative humidity during date ripening is rather scarce. However, data reported in this investigation can be considered as fairly representative.

Time-wise, as it can be observed in Figure 1 that the CA treatment for both cultivars extended for nearly 22 hours, afterwards the RA treatment began. However, the RA treatment was rather different, for "Bronsi" it lasted for 23 hours, whereas for "Taboni" it extended for nearly 45 hours, making "Bronsi" ripened 22 hours earlier.

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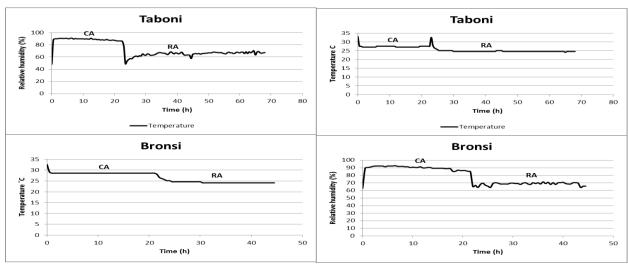
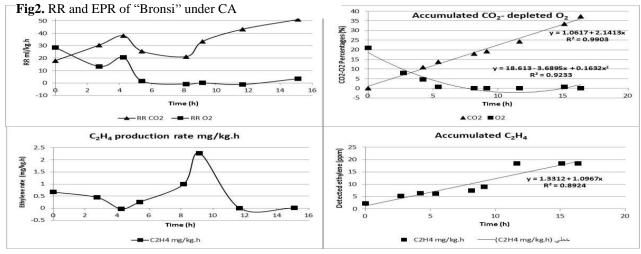


Fig1. Temperature and relative humidity during ripening process

3.2. Air composition

During the CA treatment, periodical measurements of CO_2 and O_2 were made, while C_2H_4 was measured by configuring the analyzer on monitoring mode. RR is always considered as the

most important activity that occurs during ripening (Kader, 2002). Figure 2 shows accumulated CO_2 , depleted O_2 , RR_{CO2} produced and RR_{O2} , as well as accumulated C_2H_4 and EPR during the CA treatment for "Bronsi".



As it can be observed, although accumulated CO₂ and depleted O₂ followed identified trends, RR_{CO2} and RR₀₂ did not follow so. Rates were quite fluctuating, reaching first peak after 4 hours followed by decline for additional 4 hours. Afterwards, RR_{CO2} continued increasing while RR_{O2} was fairly constant at its minimum values near zero. However, the first RR_{CO2} peak (after 4 hours) was associated with EPR drop, followed by rapid increase until reaching its highest rate at 12 hours, whereupon was again associated with another EPR peak. Contrary, RR₀₂ (upper left) followed a second order polynomial equation with R² value 0.84 (equation not shown). It is worth mentioning that in a normal respiration process the ratio between RR_{CO2} and RR_{O2} is close to unity. The relation is known as respiration quotient (RQ). In this study however, RQ was away from unity relation, mainly due to fluctuating RR_{CO2}. However, as far as we know, RR under controlled atmosphere at high temperature and stressed fruits is rather rare. Nonetheless, RR of dates under controlled atmosphere condition and low temperature had been reported (Fennir et al., 2017). However, those were not under very high CO₂ and very low O₂. Looking at the graphs, one can notice that first RR peak, first EPR peak and CO₂ accumulation as well as O₂ depletion trend all occurred at 4.25h time. In fact, by all means this not coincidental, we are quite certain that some kind of physiological activity related to ripening took place at this particular time. Most importantly, O₂ reaching 4.86% and after an hour it reached 0.71%. Moreover, another increase in RR_{CO2} started at 8h time, this was again associated with increase in EPR, and continued its rise until the second EPR peak which was gain accompanying by RR_{CO2} increase. At this time, high CO₂ and C₂H₄ concentrations were decidedly believed to play an important role in the ripening process as substantial

number of fruits changes color and entered Rutab stage. Once again, it is believed that high CO₂ concentration in combination with the presence of C₂H₄ triggered the ripening process by effecting tannins and reducing astringency in addition to starting the mechanism of converting starch to sugar. However, by about 17 hours of monitoring, high percentage of fruits changed color and became Rutab. Yet, an extra 5 hour time was given to the airtight treatment for assuring the process. Nonetheless, no major changes in air composition were recorded.

Figure 3 shows accumulated CO_2 , O_2 , RR_{CO2} , RR_{O2} and EPR for "Taboni" cultivar. As it can be observed, similar trend in accumulated CO_2 and consumed O_2 (upper) were recorded, still accumulated CO_2 was quite linear whereas depleted

 O_2 flowed polynomial trend with $R^2=0.98$. Again, accumulated C2H4 exhibited different trend from "Bronsi", it followed a second order polynomial equation with R²=0.97. Nonetheless, EPR increased almost linearly until reaching its peak at 6.5mg.kg⁻¹ ¹.h-¹ after about 20 hours from the start of the CA treatment and followed by sudden drop afterwards. In RR trends (Figure 3 upper left) RR_{CO2} was quite high while RR_{CO2} was rather low close to zero. Similarities between RR of the two cultivars can be observed, especially in RR₀₂. It is quite evident that RR_{CO2} was relatively higher than that RR_{CO2}, once again leading to observing fluctuating RQ. This may be attributed to biochemical changes that occurred during the ripening process. In this regard, RQ did not give normal trend (close to unity).

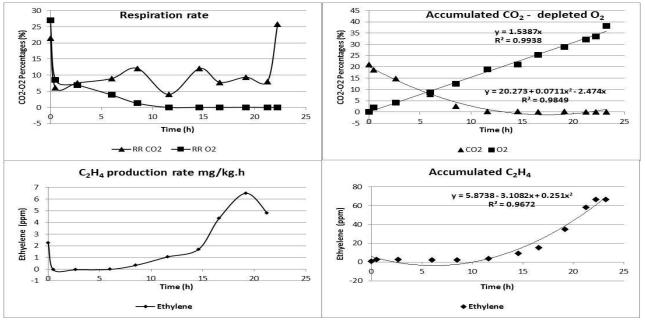


Fig3. RR and EPR for "Taboni" under CA

In general, RR_{CO2} followed normal trend and was in fair agreements with data reported in the literature reported by (Abbas and Ibrahim, 1996), they reported rapid increase in RR_{CO2} for "Hellawi" date cultivar near 63 mg.kg⁻¹.h⁻¹. However, EPR reported here is also in fairly good agreement with their work. Moreover, they reported EPR of (3.6 mg.kg⁻¹.h⁻¹) at advanced stage of date fruit development towards ripening. Indeed ethylene plays the decisive role in ripening of all climacteric fruits including dates (Pech et al., 2008). In this regard, it is quite evident that EPR is responsible for initiating the ripening process of the two cultivars. Nonetheless, the ripening process of dates is quite different from other fruits such as tomatoes and banana, yet it is indeed quite complicated at the molecular level (Marondedze et al., 2014) and way beyond this investigation which dealt with the process in relation with controlled atmosphere conditions.

3.3. Ripening percentages

As it was mentioned earlier, the ripening process consisted from RA and CA stages. For "Bronsi" the CA stage lasted for 22 hours followed by 23 hours of RA treatment. The first stage led to color change on high percentage of the fruits, while the second stage led to attaining fully ripe fruit color, and enabled completing the spotted fruits and gaining their full ripening color. After 45 hours, it was concluded that the ripening process came to an end. Both ripe and unripe fruits were weighed and percentage was determined at 90.3% (±2.52). Figure 4 and 5 show color changes from Balah to Rutab for both cultivars.



Fig4.Balah and Rutab units for induced ripening of "Bronsi" dates



Fig5.Balah and Rutab units for induced ripening of "Taboni" dates

For "Taboni" the CA process lasted for 23 hours and the RA process extended for additional 45 hours, the ripe fruit percentage was 92.33% (± 3.1). It is quite evident that both cultivars responded well to the two stage controlled atmosphere ripening process. Similar treatments were not reported in the literature, with the exception of an old extended report written in 1911 (Freeman, 1911) dealt with the ripening process based on incubation. In the report effect of temperature and relative humidity on ripening of Deglat Noor rates was presented. Nonetheless, the principle of the current study is entirely different, it investigated the effects of temperature, relative humidity in addition to high CO2 and low O2 combined with the effect of C₂H₄. Percent-wise, the highest ripening percentage reported in the literature was at 84.65% for "Shahani" cultivar that was treated with combinations of alcohol, acetic acid and NaCl (Jahromi, 2015). It is quite evident herein that both cultivars responded will to the treatment applied.

3.4. Color assessment

Measured color attributes (L*, a* and b*) were used in calculating two important color qualities, Hue angle and Chroma. Hue angle was calculated as Hu= tan⁻¹ (b*/a*), while Chroma was calculated as Cr=

 $(a^{*2}+b^{*2})^{1/2}$], whereas L* presented the degree of lightness or darkness similar to method applied by (Nunes and Morias, 2002). Nonetheless, Hue is an angle on the color circle (360°). Generally, the circle is divided into four quarters; 0-90° embodies redpurple Hues, 90-180° for yellow Hue, 180-270° for bluish-green, and 270-360° for blue Hue. Chroma however is the intensity of the Hue itself, while L* is the color lightness-darkness. Every three particular combinations give specific three dimensional points within Hunter Lab color ball. Figure 6 shows the three color attributes of induced ripening date compared with naturally ripened ones collected from the same tree. Nonetheless, ANOVA analysis showed no significant difference in color attributes between induced and naturally ripened date at (p<0.05). Also, Hue color attribute of both cultivars fell within the first quarter of color circle that represents redness. Observing color of the two cultivars shown in Figures 4 and 5, "Bronsi" color is quite dark red while "Taboni" is very light, this is clearly shown in Hue angle that shows "Bronsi" in the upper limit of the redness while "Taboni" fell in the lower portion. Same observation can be seen in (L*) attribute,

"Taboni" is much lighter than "Bronsi" whereas color concentration (Chroma) of "Bronsi" is much higher

than "Taboni".

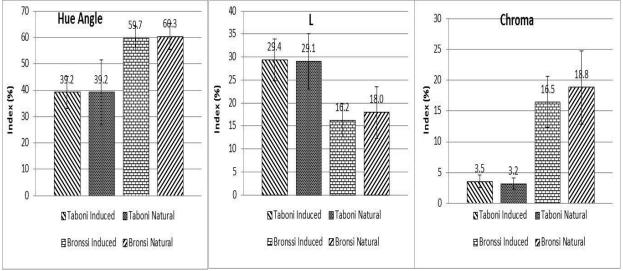


Fig6. Color attributes of induced ripening vs natural ripening of "Bronsi" and "Taboni" dates

3.5. Sensory analysis

Quality attributes related to taste were examined by the panel, sweetness, taste and acceptance. Although untrained taste panel was used, results showed no significant difference between induced and natural ripened dates at (p<0.05). Variations among the panel were recorded, that was quite normal mainly because of personal variations. Generally, the induced ripened dates were comparable with naturally ripened dates.

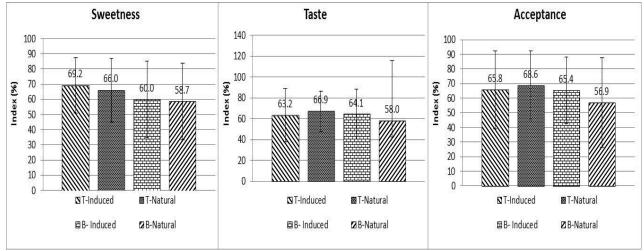


Fig7. Sensory analysis of induced ripened vs naturally ripened dates if the two cultivars (T= "Taboni", B= "Bronsi")

4. CONCLUSIONS

Induced ripening using CA treatment was investigated using two soft cultivars, "Bronsi" and "Taboni". The ripening process extended for 45 hours and 72 hours for "Bronsi" and "Taboni" cultivars, respectively. It was found that accumulated CO₂ and C₂H₄, as well as O₂ consumed followed linear and second order polynomial relations while RR and EPR did not follow so, instead they showed some associated peaks and those were related to date ripening. Induced ripened dates were not significantly different from naturally ripened dates of the two cultivars in color attributes (L, Chroma and Hue angle), also were not significantly different from naturally ripened dates in sweetness, taste and

acceptance. The study demonstrated the potential of using CA treatments for ripening dates and applying the method on other cultivars is highly recommended.

5. ACKNOWLEDGMENT

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الملخص العربي

استجابة صنفين من أصناف التمور الليبية الرطبة للانضاج المُحفز تحت ظروف الهواء المعدل

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تناولت الدراسة الانضاج المُحفز تحت ظروف الهواء المعدل لصنفين من أصناف التمور الليبية الرطبة هما البرنسي و الطابوني. عُبئت العينات في مرحلة البلح في قناني بلاستيكية عند كثافة حجمية ٦,٠ كج لتر أو كانت القناني محكمة القفل و مزودة بصمامات لتأمين قياس الاكسجين المستهلك، اضافة الى ثاني اكسيد الكربون و الايثيلين المنتجين، كما قيست درجة الحرارة و الرطوبة النسبية طوال فترة المعاملة الجريت معاملة الانضاج على مرحلة الغلق المحكم و مرحلة الهواء العادي. أدت المرحلة الاولى الى تغير لون الثمار لتقترب من لونها في مرحلة الرطب، و في المرحلة الثانية اكتمل تلون الثمار و اخذت الثمار لونها المميز في مرحلة الرطب سلك ثاني اكسيد الكربون المتراكم للبرنسي علاقة خطية، بينما سلك للطابوني علاقة متعددة الحدود من الدرجة الثانية. معدلي التنفس و انتاج الايثيلين لم يسلكا علاقة محددة، بل كانت لهما نقاط هرمية عدة، و كانت تلك النقاط متزامنة مع بعضها البعض و منافية النضج المناسبة النضج المنفين أعلى من ٩٠%. اختبارات الخصائص المحسوسة للجودة كاللون معبراً عنها بـ (L و Chroma و Phoma) و الاختبارات الحسية للمذاق (الحلاوة، الطعم و القبول) للثمار المنضجة بالتحفيز و الناضجة طبيعياً اظهرت عدم و جود فروق معنوية بين الاثنين عند مسوى معنوي (٥٠٠٠). خلصت الدراسة الى كفاءة العملية في انضاج الصنفين و يوصى باختبار طريقة الانضاج المُحفز على اصناف اخرى من التمور و تحسين أداء الطريقة الحالية.

الكلمات الدالة: الانضاج المحفز، الهواء المعدل، التمور الرطبة، الايثيلين، ثاني اكسيد الكربون، الاكسجين